

Shepherd of the Hills Catholic School - Hot Lunch Menu



Menu items are subject to change without notice.
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	30
K-8 Student Meal: \$3.40 3K/4K Meal: \$1.50 Adult Meal: \$4.75 Reduced Price Meal: \$.40 Ala Carte Milk: \$.40 WG = Whole Grain	Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Chicken & Rice Corn Apple Slices WG Bread Milk Choice	Salisbury Steak Mashed Potatoes Green Beans Orange Slices WG Bread Milk Choice	Cheese Omelet Hash Brown Potatoes Mixed Fruit WG Bread Milk Choice
2	3	4	5	6
LABOR DAY NO SCHOOL	Chicken Sandwich Parsley Potatoes Mixed Vegetables Pears Milk Choice	Chicken Noodle Soup Turkey Sandwich Mixed Fruit Saltine Crackers Milk Choice	Sliced Ham Scalloped Potatoes Green Beans Apple Slices WG Bread Milk Choice	Cheese Quesadilla Peas Diced Peaches Nacho Chips & Cheese Milk Choice
9	10	11	12	13
Chicken Nuggets Steak Fries Carrots Apple Slices Milk Choice	Sloppy Joes Baked Potato Garden Salad Pears Milk Choice	Hot Ham & Cheese Sandwich Hash Brown Potatoes Pork & Beans Orange Slices Milk Choice	Spaghetti w/Meat Sauce Green Beans Diced Peaches Garlic Bread Milk Choice	French Toast w/Syrup Sausage Links Tater Tots Strawberry Cup Milk Choice
16	17	18	19	20
Hamburger/Bun French Fries Carrots Mixed Fruit Milk Choice	Brat/Bun Parsley Potatoes Pork & Beans Pears Milk Choice	Chili w/Noodles Cheese Sandwich Orange Slices Saltine Crackers Milk Choice	Hard Shell Tacos Seasoned Rice Garden Salad Apple Slices Milk Choice	Fish Sticks Macaroni & Cheese Peas Diced Peaches Milk Choice
23	24	25	26	27
Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Hot Dog/Bun French Fries Pork & Beans Carrots Pears Milk Choice	Baked Potato w/Diced Ham Garden Salad Orange Slices WG Bread Milk Choice	Chicken & Gravy Mashed Potatoes Corn Apple Slices WG Bread Milk Choice	Pancakes w/Syrup Sausage Links Hash Brown Potatoes Orange Juice Cup Milk Choice

September 30 will be included on the October Menu.

Milk Choice = 1% Lowfat Vitamin A & D White or Chocolate Milk

Free & Reduced Lunch Information: <https://sothschool.weebly.com/hot-lunch.html>