

**Shepherd of the Hills Catholic School - Hot Lunch Menu**



Menu items are subject to change without notice. This institution is an equal opportunity provider.

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>September 30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Chicken Nuggets French Fries Carrots Apple Slices Milk Choice	BBQ Pork Sandwich Baked Potato Pork & Beans Pears Milk Choice	Potato Soup Ham Sandwich Diced Peaches Saltine Crackers Milk Choice	<b>Teacher Inservice</b>  <b>No School</b>	<b>Teacher Inservice</b>  <b>No School</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Mini Corn Dogs Tater Tots Pork & Beans Carrots Pears Milk Choice	Pepperoni Pizza Broccoli Florets Diced Peaches Cookie Milk Choice	Chicken & Rice Corn Apple Slices WG Bread Milk Choice	Cheeseburger Casserole Green Beans Orange Slices WG Bread Milk Choice	Egg McMuffin Sandwich Hash Brown Potatoes Broccoli Florets Blueberry Cup Milk Choice
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Hot Dog/Bun French Fries Pork & Beans Carrots Orange Slices Milk Choice	Chicken Sandwich Parsley Potatoes Garden Salad Pears Milk Choice	Chili w/Noodles Cheese Sandwich Mixed Fruit Saltine Crackers Milk Choice	Sliced Ham Scalloped Potatoes Green Beans Apple Slices WG Bread Milk Choice	Macaroni & Cheese Sausage Links Peas Blueberry Cup Corn Bread Milk Choice
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Chicken Nuggets Steak Fries Carrots Apple Slices Milk Choice	Sloppy Joes Baked Potato Garden Salad Pears Milk Choice	Hot Ham & Cheese Sandwich Hash Brown Potatoes Pork & Beans Orange Slices Milk Choice	Spaghetti w/Meat Sauce Green Beans Diced Peaches Garlic Bread Milk Choice	<b>11:30 am Dismissal</b> <b>Parent/Teacher</b> <b>Conferences</b>  <b>No Lunch</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>November 1</b>
Hamburger/Bun French Fries Carrots Mixed Fruit Milk Choice	Brat/Bun Parsley Potatoes Pork & Beans Pears Milk Choice	Chicken Noodle Soup Turkey Sandwich Orange Slices Saltine Crackers Milk Choice	Hard Shell Tacos Seasoned Rice Garden Salad Apple Slices Milk Choice	Cheese Pizza Broccoli Florets Diced Peaches Nacho Chips & Salsa Milk Choice

**K-8 Student Meal: \$3.40**  
**3K/4K Student Meal: \$1.50**  
**Adult Meal: \$4.75**  
**Reduced Price Meal: \$.40**  
**Ala Carte Milk: \$.40**

WG = Whole Grain  
 Milk Choice = 1% Lowfat Vitamin A & D White or Chocolate Milk

Free & Reduced Lunch Information:  
<https://sothschool.weebly.com/hot-lunch.html>